

Coronavirus

Possible symptoms:

- coughs, runny nose, sore throat, fever, headache, shortness of breathe
- diarrhoea
- loss of senses like smell and taste

If you notice any of these symptoms, please stay at home and avoid contact with other people.

Please note:

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days. One may even be infected and transmit the virus to others without having any noticeable symptoms.

What should I do if I suspect that I am infected?

Please stay calm – we are here to help you!

Please follow these steps:

- Stay at home and avoid any contact with other people
- Contact Ms Hamann immediately at <u>incoming@hs-duesseldorf.de</u> or +49 211 4351-8190
- Seek immediate medical attention if you have serious symptoms. Always call before visiting a doctor or health facilities.

In case of mild symptoms:

- Stay at home and avoid any contact with other people
- For information and testing:
 Corona Hotline (City of Düsseldorf)
 available from Mon.-Fri. 7:30-21:00 and Sat. 8:00-16:00
 Tel: +49 211 89 96090

When the symptoms increase:

• Call the medical on-call service at 116 117

In case of emergency (e.g. shortness of breath):

• Call the ambulance at **112**