

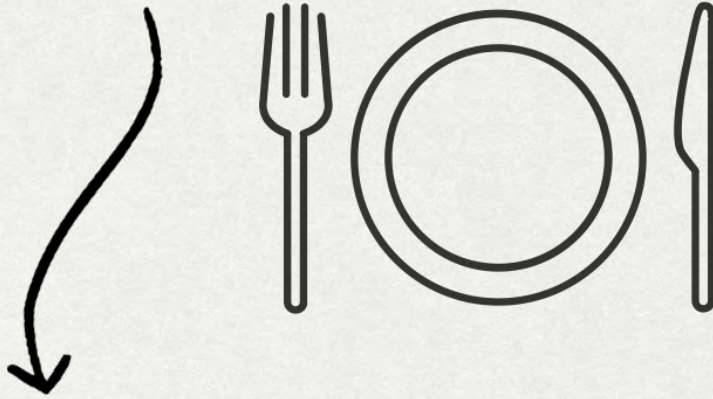
# Getting Food during quarantine.



~ a guide ~



# WAYS TO SHOP & ORDER YOUR FOOD ONLINE



- Order your grocery via App and get it delivered within 10-30 minutes

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@ flink  
@ gorillas  
@ get faster

- Order your grocery online and get it delivered

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@ Rewe.de

- Order Drinks and Basics

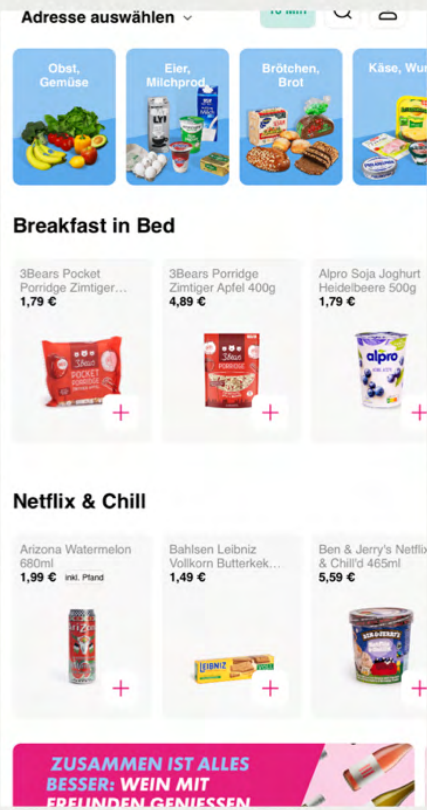
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@ Flaschenpost.de

- Order your food from Restaurants

@ Lieferando.de

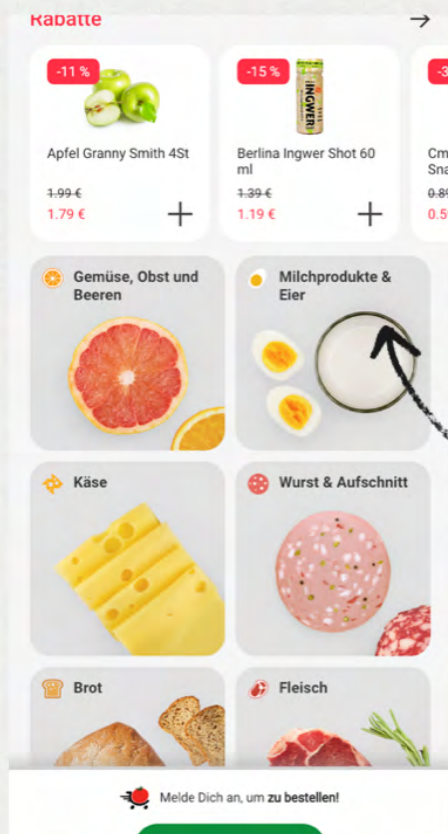




Flink



Gorillas

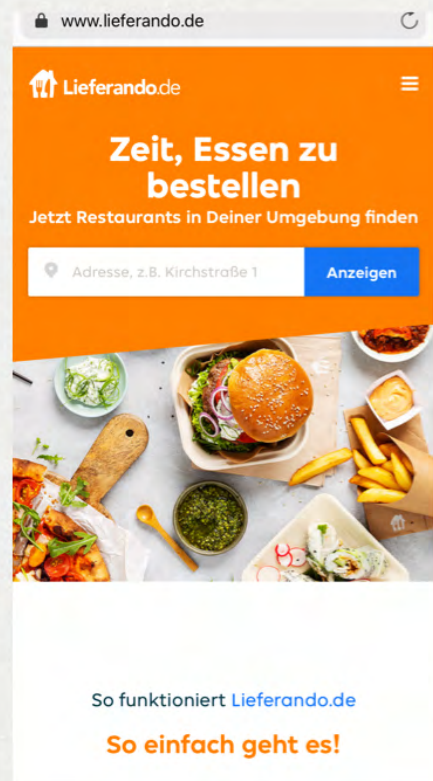


Giet faster





Rewe online



Lieferando



Flaschenpost



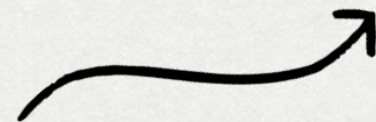


**IF YOU HAVE ANY  
QUESTIONS  
DON'T HESITATE**



Sophie Hamann  
T +49 211 4351-8190  
[incoming@hs-duesseldorf.de](mailto:incoming@hs-duesseldorf.de)

Your Tutors - via e-Mail or WhatsApp



In case of symptoms



IN CASE OF SYMPTOMS OR  
**QUESTIONS -**  
**CORONAVIRUS**



Sophie Hamann

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[incoming@hs-duesseldorf.de](mailto:incoming@hs-duesseldorf.de)

For information and testing:

Corona Hotline (City of Düsseldorf)

available from Mon.-Fri. 7:30-21:00 and Sat.

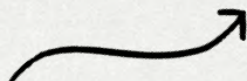
8:00-16:00 Tel: +49 211 89 96090

When the symptoms increase:

-Call the medical on-call service at 116 117

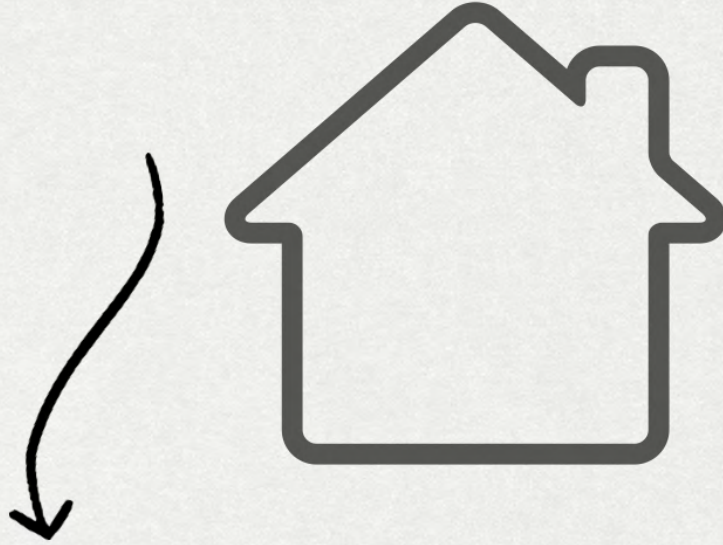
In case of emergency (e.g. shortness of breath):

-Call the ambulance at 112





# DURING QUARANTINE



- you are not allowed to  
leave your house

- you are not allowed to receive  
visits from people who are not  
members of your household



**STAY  
HEALTHY!**



**HSD**

Hochschule Düsseldorf  
University of Applied Sciences